

# NEWSLETTER

www.mendocinocsl.org

January 2011

## Peace:

*"Each one has to find his peace from within. And peace to be real must be unaffected by outside circumstances." ~ Mahatma Gandhi (Indian Philosopher)*

### Happy New Year Everyone!



Reverend Wyldflower

This 2011 brings a most exciting change to our Center- we are MOVING! Our gracious hosts for the past few years, the Hill House, is re-organizing and closing for the winter months.

Upon hearing this news, our members sprang into action and began looking at new meeting places. Your board decided to accept the Stanford Inn's gracious offer to host our Sunday Celebration in their Yoga room - the Big River Room - with the children's activities close by in the

Mendocino Room.

The Stanford Inn is a mile south of our current location past the Big River bridge. Joan and Jeff Stanford are willing to give us meeting rooms on a month-to-month basis until we know we are a good match.

Our biggest obligation to our new hosts is to make sure we do not take up the parking spaces necessary for their breakfast guests.

A note from Jeff Stanford: "Please remember about the parking except for accessibility issues. At this point parking is limited in our lots on Sundays, our busiest breakfast day and I ask that your membership enjoy a meditative walk through our gardens from the South Big River Road to Sunday morning services. Thank you and them for cooperating with this request."

The Stanfords offer other community groups space at their beautiful Inn, including the Noetic Sciences group, Yoga at the Stanford Inn and the Three Springs Teaching Clinic. We are in very good company and will be looking to see how we can complement and support the good work happening in our new surroundings. One thing we can do is to consider having a monthly brunch following Sunday Celebration to enjoy the delicious vegetarian fare offered by the Inn! I envision this move bringing us all greater good.

*I am a Center of Calm within the Peace of God.*

*Reverend Janya Wyldflower*

### Children's Silk Art



*"Light Within Our Hearts"*  
(Youth News, page 2)

### Moving to Stanford Inn



NOTE: To avoid parking problems, except for accessibility, please park on the South Big River road and...

"...enjoy a meditative walk through our gardens from the South Big River Road to Sunday morning services." Jeff Stanford  
(MAP and more info continued, page 5)



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## COACH'S CORNER



Reverend Gail Johnson

### Enlarging our Manifesting

Now that we are officially in our new year, 2011 and in our new location at Stanford Inn, we have the opportunity to expand on what we have created up to this point. It is obvious that we have some powerful manifesting energy in our Spiritual Community based on the experience we had of creating a new meeting location – it was easy!! Moving is a time for “moving on”, for releasing the “no longer needed” and for being open to what the new opportunities are. When sudden things happen that some want to label as “bad”, the sooner and easier we embrace the changes with a sense of adventure and excitement, the more fun we will have, the sooner we will be able to embrace the gifts that are being given and the larger our manifesting will be. Well done!

As some of you know, David and I have been involved in a T. Harv Eker training program called Peak Potentials. As I was thinking about manifesting I looked at the set of Millionaire Mind cards on my desk and picked 5 of them. The messages seemed relevant to share with you.

1. Let go of playing victim- You can be a victim or you can be rich, but you can't be both. Every time you blame, justify or complain, you're "slitting" your financial throat.

2. Focus on opportunities – Rich people see opportunities; poor people see obstacles. Rich people see potential growth; poor people see potential loss. Rich people focus on rewards: the poor focus on risks.

3. Practice being a good receiver – Rich people are excellent receivers; poor people are not. Poor people don't believe that they're worthy of receiving; rich people do.

4. Get clear on what you want – The number one reason most people don't get what they want is that they don't know what they want. Clarity is power. Rich people don't send mixed messages to the universe; poor people do.

5. Be willing to do what is hard- If you're only willing to do what is easy, life will be hard. But if you are willing to do what's hard, life will be easy.

Happy manifesting and may you be rich in experiences that are large and wonderful!! And remember- the state of being rich and poor are not only related to finances!

Namaste,

*Reverend Gail Johnson*



November 2010 Music Concert

I really enjoyed singing with the children at the music night. I look forward to doing a lot more music with them.

In December Ancha Bowman has been doing a special project of creating a beautiful silk banner with the children for our center. The theme of the banner is the Light within our hearts. Thank you Ancha and to all the wonderful children who have been coming. Thank you also the the great volunteer teachers, Cathy Fantulin, Alexandria Alexander and Carolyne Cathey. I hope we will soon be able to have a teenage program!

Love and Peace to all,

*Rebecca Aum*, Youth Director



Leiliane Dizin, Dancing at Celebration

# NEWSLETTER sponsors



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Contact: Carolyne Cathey  
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272.5397

I am sponsoring this first  
newsletter of the 2011 year  
in honor of the generosity  
of our past hosts,  
The Hill House,  
and of our new hosts,  
The Stanford Inn.  
*Reverend Tanya Wyldflower*

### MCSL Contact Information

PO Box 187, FB, 95437 - 707-964-1458 - www.mendocinocsl.org

## MCSL Board Members & Staff

### Board Members

Reverend Tanya Wyldflower, Minister/Director, President  
707-964-1458 - tanyawyl@mcn.org  
Reverend Gail Johnson—707-964-6855 revgailjohnson@yahoo.com  
Blair Mansur -Vice Pres. 707-895-2054 - blairm@mcn.org  
Yvonne DeWitt - Secretary 707-937-5486 ydewitt@mcn.org  
Alice Stafford -707-964-0210

### Licensed Practitioners—Spiritual Coaches

Reverend Tanya Wyldflower—707-964-1458  
Reverend Gail Johnson—707-964-6855  
JoAnn SkyWatcher—707-462-2501  
Brigitta D'Amato—707-895-2366  
George D'Amato—707-895-2366  
Carolyn "Wysteria" Owen—962-0623 S. C. Graduate

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References available

### MCSL Support Staff

Jo Williams: Administrator: 937-2779 jo@healthandvitalityforall.com  
Carolyne Cathey: Newsletter/Web: 272.5397 carolyne\_cathey@hotmail.com  
Rebecca Aum: Youth Director: 937-1696 raum\_2000@yahoo.com  
Ayame and Nick Vest: Set-Up Coordinators

# SUNDAY CELEBRATION

4

**10:30 AM: Meditation ~ 11:00 AM Sunday Service ~ 11:15 AM: Youth School**

**Location & Dates: January 2nd & January 30th: Meet at HILL HOUSE**

**January 9th & ongoing (except for Jan 30): Meet at STANFORD INN, Comptche-Ukiah Road off Hwy 1**

## JANUARY 2011 CALENDAR

SUN	MON	TUE	WED	TH	FRI	SAT
2 Speaker Reverend Wyldflower "Spiritual Tools, Part 3" Hill House, Mendo —	3	4 "A Course in Miracles" Study Group - 1-2 pm NEW! Home of Louise Boedecker 44900 Pine, Mendocino —	5	6	7	8
9 Speaker George D'Amato "Forgiveness" at Stanford Inn, Comptche- Ukiah Road, off Hwy 1 Big River Room —	10 SOM 218: 1:30-4:30 PM Book Study "It's All God" Reverend Wyldflower's Home 20751 Dennison Lane, FB See Page 5	11 "A Course in Miracles" Study Group - 1-2 pm NEW! Home of Louise Boedecker 44900 Pine, Mendocino — SOM103 Class: 1:30 - 4:30 pm "Building a Healing Consciousness" Reverend Gail Johnson's Home 17900 Ocean Drive #48, FB See Page 6	12 Board Meeting 4-6 PM Stanford Inn Everyone is encouraged to attend	13	14	15
16 Speaker Reverend Johnson "What Are You Expecting in 2011?" Stanford Inn — Discovery Class 1:00 pm Stanford Inn See Page 6	17 SOM 218: 1:30-4:30 PM Book Study "It's All God" Reverend Wyldflower's Home 20751 Dennison Lane, FB See Page 5	18 "A Course in Miracles" Study Group - 1-2 pm NEW! Home of Louise Boedecker 44900 Pine, Mendocino — SOM103 Class: 1:30 - 4:30 pm "Building a Healing Consciousness" Reverend Gail Johnson's Home 17900 Ocean Drive #48, FB See Page 6	19	20	21 Spiritual Cinema "Law of Attraction, Part 1" 6 PM ~ See Page 7	22
23 Speaker Reverend Wyldflower "What is New Thought?" Stanford Inn — MCSL Focus Group 1-2:30 PM Stanford Inn ~ Page 7	24 SOM 218: 1:30-4:30 PM Book Study "It's All God" Reverend Wyldflower's Home 20751 Dennison Lane, FB	25 "A Course in Miracles" Study Group - 1-2 pm NEW! Home of Louise Boedecker 44900 Pine, Mendocino — SOM103 Class: 1:30 - 4:30 pm "Building a Healing Consciousness" Reverend Gail Johnson's Home 17900 Ocean Drive #48, FB	26	27	28 Spiritual Practices "Imagine That!" Reverend Johnson 6-7 pm See Page 8	29
30 Speaker Matthew Fox "Creation Spirituality" Hill House 1st Floor Room 11 AM See Page 8 — Matthew Fox "New Spirituality for the 21st Century" Hill House, 2 - 5 PM — Birthday Sunday	31 SOM 218: 1:30-4:30 PM Book Study "It's All God" Reverend Wyldflower's Home 20751 Dennison Lane, FB See page 5	1 (Feb) "A Course in Miracles" Study Group - 1-2 pm Home of Louise Boedecker 44900 Pine, Mendocino — SOM103 Class: 1:30 - 4:30 pm "Building a Healing Consciousness" Reverend Gail Johnson's Home 17900 Ocean Drive #48, FB	2	3	4	4

January Birthdays	
Joyce Baker	20
Richard Millis	24

### SCHEDULE for Upcoming Accredited Classes & Book Studies

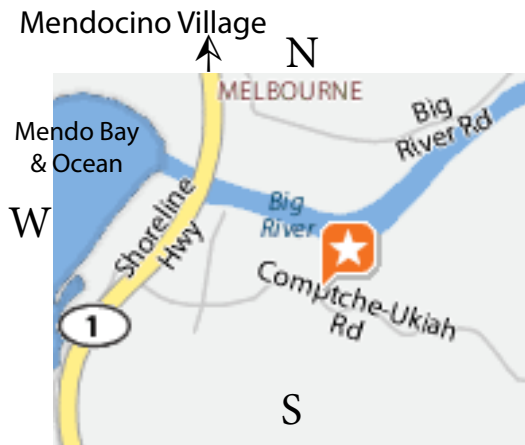
Date	Presider	Music	Spiritual Coach	Class/Book Study	Topic
Jan 11-Mar 1				SOM 103	"Building a Healing Consciousness"
Jan 10-Feb 28				SOM 218 : Book Study	"It's All God" by Walter Starcke
Mar-May 2011				SOM 104	"The Principles of Successful Living"
Mar-May 2011				SOM 208: Book Study	Essays by Emerson
June 2011				SOM 219: Book Study	"It's the Magic of the Soul" ~Patrick Harbula
Sept 2011				SOM 207: Book Study	"Edinburg Lectures" by Troward
Sept-Oct 2011				SOM 206	"What the Mystics Taught"

## MCSL IS MOVING TO STANFORD INN

Starting January 9th (Except for Matthew Fox at Hill House on January 30th)



44850 Comptche Ukiah Rd  
Mendocino, CA  
Coast Highway 1 & Comptche Ukiah RD



E

Please park on South Big River Road, East of Hwy 1, first left turn off of Comptche-Ukiah Road, and walk through the lovely organic garden to the Inn. The meeting rooms will be up the stairs. You are welcome to drop people off at the upper parking lot East of the Inn for easy access. Or, use the Handicapped parking.

## SOM 218 BOOK STUDY

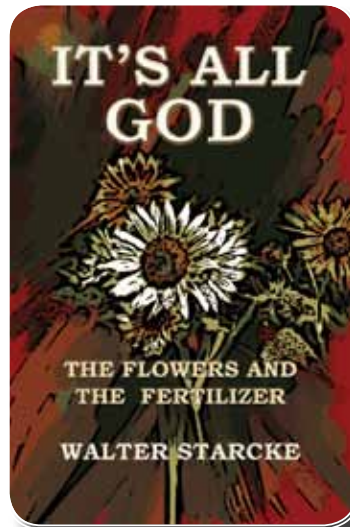
Starts January 10, 2011 (8 weeks)

1:30 - 4:30 pm

Reverend Wyldflower's Home  
20751 Dennison Lane, Fort Bragg

Fee: \$15/Class ~ Book: \$18.95

*These classes can be taken for certification or on a drop-in basis.*



*"It's All God" has been overwhelmingly acclaimed as "the most important metaphysical book of the decade."*

*"An exciting new book that goes straight to the heart of God"*

*Gerald G. Jampolsky, author.*

**IT'S ALL GOD: *The Flowers and the Fertilizer*** is Starcke's most challenging and in-depth book. By prying open the inner meaning of our traditional Western myth, and by showing us how we can reinvent the scriptures he demonstrates how we have unconsciously given away our power through old theology and distorted Biblical distortions. With compelling clarity, Starcke presents his readers with a practical "how to" guide that will propel us into the next century as whole, spiritual, and self realized human beings.

*For more info or directions: 707-964-1458*

Jan 10, 1:30 pm: SOM 218

Jan 16, 1:00 pm: Discovery Class

6

Jan 11, 1:30 - 4:30 pm: SOM 103

Jan 21, 6:00 pm: Spiritual Cinema

## SOM 103: BUILDING A HEALING CONSCIOUSNESS

Starts Tuesday, January 11, 2011 (8 Weeks)

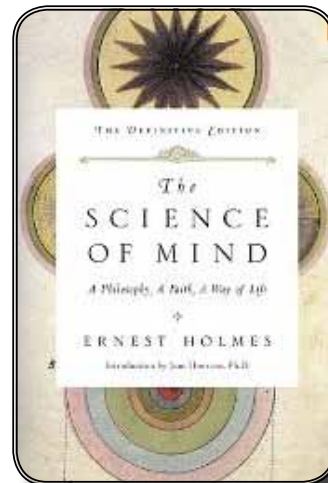
1:30 to 4:30 PM

Reverend Gail Johnson's Home - 964-6855  
17900 Ocean Drive #48, Fort Bragg

Fee: \$15/Class

Texts: The Science of Mind; How to Speak Religious Science

*These classes can be taken for certification or on a drop-in basis.*



Class 1 "Laying the Foundation": Definition and mental focus of Spiritual Mind Treatment

Class 2 "The Practitioner as Architect": What a professional practitioner Does

Class 3 "The Materials Used in Construction": We are spiritual beings living in a spiritual universe

Class 4 "Framing the Structure": Developing a consciousness of creative intelligence and freedom

Class 5 "Reading the Blueprints": Learning how to think

Class 6 "Connecting to the Source": Recognizing the thought, the purpose and the Power back of mind healing

Class 7 "So You Want to Remodel": All conditions are produced through the creative process

Class 8 "Student Evaluation and Review": An opportunity to evaluate

*Students deepen their understanding of effective spiritual mind treatment, and develop a greater understanding of the nature of the creative process in the individual. The student will begin building a healing consciousness through their affirmative prayer work.*

## NEW MEMBER DISCOVERY CLASS



An introductory dialog on what is the  
**Mendocino Center for Spiritual Living**  
and what you need to know to determine  
if we are your spiritual home.

**Sunday January 16th**

1 pm, *following Sunday Celebration*  
Stanford House, Mendocino Room

### Topics Covered:

- \* Overview of Religious Science
- \* Declaration of Principles
- \* Our Spiritual Tools
- \* Time, Talent & Treasure-Opportunities and benefits of joining our spiritual community

- \* Co-facilitated by Reverend Tanya Wyldflower & Reverend Gail Johnson
- \* There is no charge for these meetings.
- \* Attendance is recommended for new membership.
- \* Current members are encouraged to attend and contribute to the conversation.

FREE

**Spiritual Cinema**

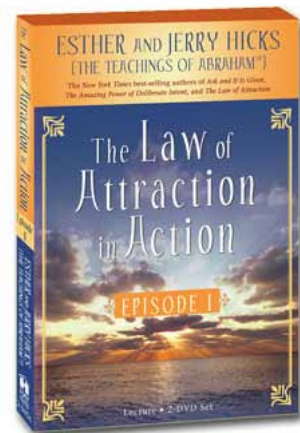
POPCORN

**Friday, January 21 6:00 PM ~ Stanford Inn, Big River Inn, Mendocino**

In this first DVD, Abraham helps us get a handle on the nature of time, aging, and the universe expanding. You get a more detailed analysis of the Law of Attraction, and a discussion on how emotion and matter interact to attract.

An example of questions and answers:

- # It's only words? Are mantras just meaningless words?
- # Tough to love? A few pointers from Infinite Intelligence.
- # Tick Tock? The nature of time; aging; the universe expanding . . . linear time for timeless beings.
- # Can The Law of Attraction be scientifically proven? A more detailed analysis of "The Law." And how do emotion and matter interact to attract?
- # And much much more . . . Answers and inspiration from the Non-Physical entity Abraham -- whom Esther Hicks calls "infinite intelligence" and Jerry Hicks refers to as "the purest form of love I've ever encountered".



Love donations welcomed

**MCSL FOCUS GROUP ~ January 23, 2011****1:00 ~ 2:30 pm Stanford Inn**

Our spiritual community members are the reason MCSL exists. With recent changes in administration and our current facilities relocation, the needs and values of our members need to be clearly defined so that our organization can shape future events and programs based on these needs.

Kevin Williams of FutureDecisions, experienced facilitator, management consultant and leadership coach, has offered to donate his time to facilitate this focus group for MCSL.

A Focus Group is a process that generates feedback and comments from members\*. This confidential process allows participants to respond to a series of questions. General themes and trends of the group will be combined in a written report and presented to our Center's leadership who will not be in attendance at the Focus Group. The information gathered will be used to shape the general Membership Meeting in February and guide us into the future.

You are invited to attend to provide input that will more closely align our Mendocino Center for Spiritual Living with your thoughts and ideas.

\*Members who cannot attend will receive a survey via the mail.

# What's Happening at MCSL

## Spiritual Practices

### IMAGINE THAT!

Friday, January 28, 2011  
6:00 ~ 7:00 pm  
Stanford Inn, Mendocino

Using our Imagination to Enlarge Our Experiences



Reverend Gail Johnson

*"There is a difference whether you believe in actual limitation, or merely in a restricted use of freedom. If limitation were a THING IN ITSELF you could not change it, but since it is merely an outline of experience, why not use your imagination to enlarge that experience." ~ Ernest Holmes*

Based on Ernest Holmes' quote, we can become more aware of our opportunities to use our imagination to enlarge our experiences.

As we lead our lives we each have daily experiences of "things" happening. How we interpret these events and the stories we make up about them determine the future experiences we have.

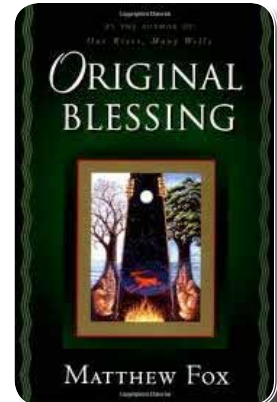
This Spiritual Practices evening explores ways to imagine empowering futures. Join us and imagine a bigger life, a more vibrant Spiritual Center and a new world!

You make all the difference!



## Matthew Fox

Sunday, January 30th  
2:00 ~ 5 pm  
Hill House Chapel  
10701 Palette Drive, Mendocino  
\$15 ~ \$20 sliding scale



Matthew Fox will explore how creation spirituality can help us move to hope by awakening us to our divine origins, to the new creation story from science, to ecojustice and gender justice, to the wisdom shared in faith traditions of East and West and of indigenous peoples everywhere. The awakening of the Divine Feminine and the Sacred Masculine also ushers and helps to unleash creativity. In these ways we can be transformative agents of healing and wholeness in the 21st Century.

Fox says the modern age developed knowledge at the expense of wisdom. The result has been ecological disaster, destitution for the indigenous peoples everywhere, loneliness and a loss of meaning and shared values in our lives. Religions have too often promoted an exclusivism which has rent the human family apart and separated us from what unites us. We need a spirituality which brings wisdom back to our relationship with nature, to our work, to our educational systems, to our relations.