

SEPTEMBER 2011 NEWSLETTER



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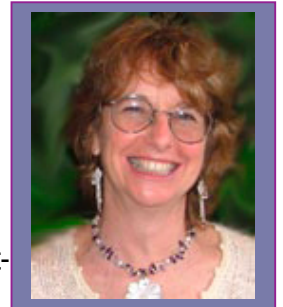
*Awakening Humanity to its Spiritual Magnificence
By Way of Sacred Community*

THEME FOR SEPTEMBER: LETTING GO!

Decluttering As A Spiritual Practice-

There is a subtle energy in everything around us and each item in our life is either supporting us with its beauty, usefulness, and upliftment or it is acting as an energetic drain. Have you ever noticed the difference in your energy when you are in messy, cluttered spaces versus clean and well-organized spaces? I know my energy level sure increases after I have cleaned out and organized a drawer, a closet or especially a garage! There is lots of information and tips about getting organized and decluttering, but the basics really are that everything needs a place and most of us have more things than

we have room for whether we live in a trailer or a mansion. As you think about releasing items that are no longer serving you, remember that others could benefit and you are creating a vacuum for the things that you really do want to create in your life!



Reverend Tanya Wyldflower & Reverend Gail Johnson



HAPPY BIRTHDAY TO YOU!

ALICE GILLESPIE	9
JOANN SKYWATCHER	13
VICKI NORRIS	15
GORDON KELLER	23
DAYLE LAWRENCE	25
TERRY ANDERSON	26
LOUISE BOEDEKER	28



SEPTEMBER CHARITABLE DONATION RECIPIENT:

FRIENDS OF THE FORT BRAGG LIBRARY

In any community, the public library is a vital resource. The Friends of the Fort Bragg Library was organized as a non-profit in 1977 to support this resource--to make a good library even better by providing funding and other support for special programs to complement the basic services provided by the Mendocino County Library system. Contributions are used to:



- Purchase a significant number of books and multi-media reference materials
- Purchase equipment such as: the microfiche reader/printer, computer equipment and peripherals
- Provide other items that are not budgeted by the County such as annual building maintenance, flags, signage, and more.

Because they have no paid staff and minimal office expenses, almost every dollar donated to "The Friends" goes to support library services. Let's help make a difference in the community by supporting this important and worthy effort!

SEPTEMBER CALENDAR

Date	Speaker	Presider	Music	Spiritual Coach
4	Rev. Tanya Wyldflower & Rev. Gail Johnson: <i>Celebrating the Child Within</i>	Carolyn Cathey	Danny Barca	Rev. Gail Johnson
11	George D'Amato: <i>The Nature of Intelligence</i>	Richard Millis	Donna Morosi & Juliette Andrews	Brigitta D'Amato
18	Jim Williams: <i>Thinking About Positive Thinking</i>	Sylvia Gilmour	Alexandria Alexander	Wysteria Owen
25	Rev. Tanya Wyldflower: <i>Let It Be</i>	Joyce Baker	Danny Barca	George D'Amato
ON-GOING EVENTS:				
	Tuesdays: 1:00-2:00	Study Group: Course in Miracles	Mendocino Coast District Hospital: Pt. Cabrillo Rm	
	Sunday, September 18 Following Celebration	Friendship Picnic	Mendocino Coast Recreation Center	
	Tuesday, September 20 3:00-5:00PM	Board Meeting All are invited	Rev. Gail Johnson's home	
	Friday, September 23 7:00-8:30PM	Spiritual Practices Night (see flyer)	Stanford Inn- Mendocino	
	Wednesday, September 28 5:30-8:30PM	NEW! Book Study (see flyer)	Rev. Gail Johnson's home	

A Message from our September Newsletter Sponsor: **Regarding Power**

Condensed excerpts from *Wising Up- Life Without Regrets* by Hal Milton, 2004

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The deep meaning of Power can be easy to miss. Power is the ability to convert an idea into words. We have the power to take our ideas and move them into action. Sometimes we give our Power away by imagining that others are more powerful, or when we believe that others control our happiness.

The truth is that this Power is within us and is an innate gift from Spirit, so we may create the life we want. We are agents and conduits of the Divine; therefore there are no limits to our personal Power.

So every little word is an expression of Power. The Word is one of the vital connections we have with Spirit. Man has the Power to deny and dissolve all disintegrating, discordant, and disease forming words. You can make yourself a new creature, and you can build the world about you to your highest ideals. The greatest Power we have is to understand and control ourselves.

Peace and Love, Richard

Board Members: Rev. Tanya Wyldflower, Minister/President 707-964-1458 • Rev. Gail Johnson, VicePresident 707-964-6855 Justin Calvino 707-354-2803 • Yvonne DeWitt 707-937-5486 • Dean Watson 707-962-0479 • Joan Portello, Treasurer • Jo Williams, Secretary **Staff:** Jo Williams, Business Manager: 937-2779 • Carolyn Cathey, Email Updates/Website: 272-5397 • Rebecca Aum, Youth Director: 937-1696 • Nicole Cooley, Set-Up Coordinator